

AUTISM

• MAGAZINE •

AUTISM PRIVATE
CLASSES

GROUP CLASSES
INDIVIDUALISED KARATE
PROGRAMS
ALL AGES

KARATE KID
ON THE
SPECTRUM



01 Karate Group Grading

Our stunning students participated in their first autism group grading.



02 Photography Session

We are very proud of our students participating in our first autism photography session. Photo Credit: The Contented Life Photography.

03 Private Autism Grading

We would like to congratulate all our students who graded successfully during our Autism Grading Program.



04 Flexibility - Gymnastics

Our students successfully completed their flexibility training program.



OUR KARATE STUDENT

Ella

Ella started her Kyokushin Karate training six months ago. She has been training three times a week and she is progressing towards her first adult karate grade.

The way we talk about autism is so important. Ella is proud of being autistic. We need acceptance for autism and not awareness. Autism is like a paint pallet, A pallet full of a range of colours.

Did you know that 18 of June is Autistic Pride Day?

We are very proud of Ella for joining our Port Macquarie Dojo and we will proudly support Ella on her Kyokushin Karate journey.

One living
daily in the
Way carries
their head
low and their
eyes high;

SOSAI OYAMA



PRIVATE & GROUP CLASSES

Autism Karate

Sensei Melinda Baksi

We are very proud that our Karate dojo is growing with a number of children who have autism.

We are proud of our students participating in our Private Autism Karate Program.

With the ever-growing population of children with autism, it's so important that all educators are well-versed on their needs.

Many unexpected things can be distracting to students with autism.

Having predictability in the dojo eases anxiety for students with autism and will help avoid distraction.

